

DAY CAMP

MIFO

GONE FISHING



TURTLE PRESS

SEPT:15{NO.9}

MNOMNEKÉ GIZES

WILD RICING MOON



NOTTAWASEPPI HURON  
BAND OF THE POTAWATOMI

A FEDERALLY RECOGNIZED TRIBAL GOVERNMENT

# CONTACT US

## TRIBAL COUNCIL MEMBERS

### Homer A. Mandoka {Chairperson}

Chair Appointments: Planning & Land Use Committee (PLUC), Tribal Emergency Preparedness Committee (TEPC)

President - United Tribes of Michigan

Treasurer - Inter-Tribal Council of Michigan

**Desk phone:** 269.704.8381

**Cell:** 269.986.1802

**Email:** hmandoka@nhbpi.com

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## SUBMIT INFORMATION TO THE TURTLE PRESS

If you have an article, announcement or information to submit to the Turtle Press, please send to: [turtlepress@nhbpi.com](mailto:turtlepress@nhbpi.com)

**Information for the Turtle Press is due on the first day of each month, for next month's edition.** If the first day falls on a holiday or weekend, the deadline moves to the next business day.

**We request digital content whenever possible (emailing pictures, articles, etc.) instead of postal mailing or dropping content off in person, as content does lose quality when scanned.** Please send images as separate jpegs. However, we are happy to accept any content that you are unable to send digitally by mailing to:

**1485 Mno-Bmadzewen Way | Fulton, MI 49052  
Attention: Turtle Press**

## On the cover

NHBP Tribal youths Samira Sands (left) and Maliyah Harris (right) slightly edge out Aayla Chivis (center)!

Photo credit: Jaky Replogle

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Photo: Jaky Replogle



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## FEATURE OF THE MONTH:

### MIFO 2015

Photo:

Aanzhenii Dandridge beats out the competition at the Michigan Indian Family Olympics.

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# UPCOMING TRIBAL COUNCIL MEETINGS

Thursdays, 11 a.m., September 17 and October 15, at Pine Creek Community Center

## SEPTEMBER COMMITTEE MEETING SCHEDULES

### Wednesday, September 9, 2015

Education Committee	10 a.m. (Government Center, Room 101)
Enrollment Committee	Noon (Government Center, Room 121)
Journey to Wellness Committee	1 p.m. (Pine Creek Reservation Health Department)
Tribal Environment Advisory Committee	3 p.m. (Government Center, Room 101)
Cemetery and Parks Committee	5 p.m. (Government Center, Room 121)
Veterans Committee	5 p.m. (Government Center, Room 101)

### Thursday, September 10, 2015

Elders Committee	10 a.m. (Government Center, Room 121)
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### Monday, September 14, 2015

Planning and Land Use Committee	CANCELLED FOR THIS MONTH
Tribal Emergency Preparedness Committee	CANCELLED FOR THIS MONTH
Election Board	2 p.m. (Government Center, Room 101)

### Monday, September 21, 2015

Housing Committee	11:30 a.m. (Government Center, Room 121)
Culture Committee	3 p.m. (Government Center, Room 101)

## COMMITTEE VACANCIES

Culture Committee	One Vacancy	Open Until Filled
Elders Committee	One Vacancy	Open Until Filled
Housing Committee	One Vacancy	Open Until Filled
Tribal Environment Advisory Committee	One Vacancy	Open Until Filled
Veterans Committee	Two Vacancies	Open Until Filled

Committee/Board Members receive a paid stipend of \$75 for meeting attendance. Elders receive mileage reimbursement in addition to the \$75 stipend.

Those interested in becoming a member of these committees/board may send letters of interest to:

**NHBP Attn: Tribal Council Coordinator**  
**1485 Mno-Bmadzewen Way, Fulton, Michigan 49052**



# CHILDCARE ASSISTANCE PROGRAM

**Are you working or attending school?**

**Have you heard about the Tribal Childcare Assistance program?**

This program is designed to assist in paying for licensed childcare for those who are working, attending school or training within the seven county service area.

For an application and program qualification information, please contact:

**Chris Woodring**  
Community Resource Coordinator  
cwoodring@nhbp.org  
616.249.0159 Ext. 3638



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## Contract Health Services

Contract Health Services is funded through a grant from Indian Health Services. It is to help pay for medical services **not** offered through the NHBP Health Clinics.

### What I should know:

- ◆ Contract Health is **not** a health insurance, it is a grant. Funds are limited and based on medical priorities.
- ◆ Contract Health **does not** guarantee payment.

### Who is eligible for Contract Health Services?

- ◆ NHBP Tribal members living in the 7 county CHSDA; Allegan, Barry, Branch, Calhoun, Kalamazoo, Kent and Ottawa counties of Michigan.
- ◆ NHBP descendants under the age of 19.
- ◆ A non-Indian woman pregnant with an eligible Indian's child for the duration of her pregnancy through post-partum (6 weeks).

### What will CHS pay for?

- ◆ CHS may help pay for medical/dental services outside of the NHBP Health Clinics **if** referred by one of NHBP's providers.
- ◆ CHS may help pay for vision services.
- ◆ CHS may help pay for prescriptions.

### How do I get CHS to pay for these services?

- ◆ Provide notification through Contract Health prior to any service outside the NHBP Health Clinics.
- ◆ Notify contract health within 72 hours of an emergency room visit.
- ◆ Complete your CHS registration paperwork information yearly. A letter will be mailed to you when you need to update your information. If your yearly

registration requirements are not met, you will **not** be approved for funding.

- ◆ Apply for Medicaid or alternate resources if you do not have health insurance when applying for Contract Health. If you need help applying for Medicaid, please call Chris Woodring at 616.514.3638.

### Who do I call for assistance or questions about Contract Health Services?

**Call Contract Health Specialist  
Kathie Grothaus at 269.704.8349**



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# TRIBAL ENROLLMENT

Submitted by Sandy Blair, Enrollment Specialist

Enrollment for the Nottawaseppi Huron Band of the Potawatomi is currently closed to new Members. Pending applications will not be approved for Membership until enrollment is open. Also, at this time we are not accepting new applications.

**Reminder:** If you have recently moved, please contact the Enrollment Office to make sure we have your current address.

**High School Diploma or GED:** If you have recently graduated from high school or received your GED from a certified test site, please send a copy of the document to the Enrollment Office. This information is used for per capita distributions.

**Bereavement Benefits:** The Bereavement Benefit program was adopted in January 2012. The Bereavement Benefit consists of \$10,000 to pay funeral costs for enrolled NHBP Tribal Members. If you have not completed a Bereavement Beneficiary form or have questions, please contact the Enrollment Office. This form designates the beneficiary for your bereavement benefits.

**Telephone Numbers:** If you have recently changed your phone number(s), please contact the Enrollment Office with your updated information.

**Missing Information:** The Enrollment Office does not have current information (address) for the Tribal Members listed below. Tribal departments utilize the records in the Enrollment Office to determine eligibility for services and benefits available from the Tribe. Important notices are sent to the address currently on file with the Enrollment Office. The Tribal Members on this list may be denied services or benefits if updated address, name, and other information is not on file with the Enrollment Office. If you have contact information for any of the names on the following list, please contact the Enrollment Office.

Stephen A. Medawis  
Robert G. Osborn  
Brian J. Rios  
Terrie C. Wells  
Brianna G. Wesley

# UNDELIVERABLE PER CAPITA

Submitted by Stephen Blann, Chief Financial Officer

In accordance with the Nottawaseppi Huron Band of the Potawatomi's Revenue Allocation Plan, per capita payments will be held for 12 months from the date of distribution, if a current address is not on file. The Tribal Members listed below must contact the Enrollment Office to update their address. If the member fails to contact the Enrollment Office by the expiration period, the funds shall be forfeited and reverted to the per capita payment account. Contact the Enrollment Office to update your information.

Robert Osborn

## Enrollment Office Hours:

Monday – Friday

8:30 a.m. to 5 p.m. EST

Phone: 269.729.5151

Toll Free: 866.499.5151

Fax: 269.729.4909

Email: [enrollment@nhbpi.com](mailto:enrollment@nhbpi.com)

## TRIBAL COURT RELOCATION NOTICE

The Tribal Court has relocated to the Justice Center, 2221 1-1/2 Mile Rd. location. If you need to reach the Tribal Court, please contact Dawn Mack, Assistant Tribal Court Administrator at 269.704.8394.

## ATTENTION HIGH SCHOOL GRADUATES

Submitted by Sandy Blair, Enrollment Specialist

If you have recently graduated from high school, or received your GED from a certified test site, please send a copy of the document to the Enrollment Office. This information is used for per capita distributions.

**The following is the Education Requirement from the NHBP Revenue Allocation Plan:**

In order for an eligible Member between the ages of eighteen (18) and twenty-one (21) years of age to receive a per capita payment directly, such Member must submit to the Enrollment Office or Tribal Council, one of the following:

- 1 a copy of his/her high school diploma,
  - 2 a copy of his/her degree or certificate equivalent to a high school diploma,
  - 3 documentary proof of satisfactory completion of high school degree-equivalent home schooling requirements for the member's state of residence, or
  - 4 a certification from an accredited school or schools that the member has learning or other disabilities and has attended a full twelve years of school.
- Please contact the Enrollment Office with any questions at 360.720.5151**

**Please contact the Enrollment Office  
with any questions at  
269.729.5151**

The appropriate diploma, degree, or certification must be submitted to the Enrollment Department before any particular eligible Member within this age group may have his/her per capita payment mailed to him/her. If such copy is not submitted in a timely manner, the per capita payment for such Members shall be deposited in the Member's minor trust account.

# Pine Creek Indian Reservation Head Start Now Enrolling for the 2015-2016 School Year

Submitted by Robert Fillmore, Site Supervisor

We are recruiting children ages 3 to 5 for fall enrollment. We use the HighScope® Curriculum and offer monthly parent training and meetings.

This free Head Start program serves Athens, East Leroy, Fulton and the Battle Creek area.

- Full day program.
- Transportation available (within limited area).
- Age appropriate lessons and activities.
- Nutritious meals – serving breakfast, lunch and snack.
- Family and health services provided as well.

## LIMITED SPACE AVAILABLE

Please contact Robert Fillmore at 269.729.4209,  
or [robertf@itcml.org](mailto:robertf@itcml.org), for more information.

Or, stop by the office at 2342 1½ Mile Road in  
Fulton to complete an application for services.





# Back to School – Zhitawek!

Submitted by Justin Gephart, Community Health Educator

The Back to School event took place on July 28 in Grand Rapids and July 30 in Pine Creek.

The new format was a big hit this year! NHBP students participated in informational booths on topics such as tobacco education, dental health, hygiene, and backpack safety among multiple others.

The American Osteopathic Association of Michigan enlightened students and parents with a hands-on distracted and impaired driving simulator.

A variety of breakout sessions were also provided. These informational sessions were scheduled for thirty minutes and went in-depth about topics such as bullying, Native games, and the PPP parenting program offered at NHBP. Cardio Drumming lead by Linda Rice was a huge hit.

All of the registered participants attended and combined we had roughly 140 kids come through to receive backpacks, school supplies and gift cards. A huge thank you goes out to everyone involved, both staff and attendees, for making this event so successful!

Photo: David Grothaus



Aanzhenii Dandridge tries her coordination skills with some Cardio Drumming.

Photo: David Grothaus



Community Health Educator Justin Gephart explains the importance of staying active to Bryce and Kaleigh Dysard while mom, Kimberly, seems to be in total agreement.





Left to right: Josev and Mariesha Keith stop at the Education booth to learn more about the Education Incentive Programs that NHBP has to offer from Camie Castenada and Andrea Rainer.



Monique Day and Kelvyn Holmes at the Back to School event.



Kim Mutchler draws a crowd during her distracted driving simulator test.



Community Health Team Lead Emily Henning explains Backpack Safety to her guest during the Back to School event at 311 State St. in Grand Rapids.



# July MIEA Conference

Submitted by Leo Pontiac, Northern Elders Specialist

The NHBP Elders recently attended the Michigan Indian Elders Association meeting hosted by the Saginaw Chippewa Indian Tribe. The conference was held July 21-23, 2015. The NHBP Elders enjoyed their stay and hospitality from the Soaring Eagle Casino Resort staff. The conference included a live and silent auction for items made by Elders and donated to the MIEA.

On the first night of their stay at the Soaring Eagle Casino Resort, Elders enjoyed a free concert by Def Leppard. The English rock band formed in 1977 and one of the world's best-selling music artists. Def Leppard has sold more than 100 million records worldwide.

On the second night, the highlight was Native Fest an event hosted by the Ziibiwing Center. Native Fest featured a karaoke and comedy contest. During the karaoke contest our own Kim Shafer and Roann Beebe-Mohr performed. The Elders enjoyed the comedy of Ricardo Cate. Ricardo Cate is a Pueblo, father, teacher and stand-up comic. He is the writer of the Native American cartoon "Without Reservations" which is published by the Santa Fe New Mexican.

The Elders would like to say Migwéché to NHBP for sending them to the MIEA meetings.

Photo: Membership Services Staff



Roann Beebe-Mohr performs during the karaoke contest.

Photo: Membership Services Staff



Susan Fierke, Linda VanDonkelaar, Carol North, Nickole Keith, Teri Hubbel and Sandy Butcher enjoy their time at the conference.

# Waséyabek Development Company Welcomes Jennifer Turner, Interim CEO

Submitted by Terri Fitzpatrick, Waséyabek Development Company Board Chair

Waséyabek Development Company held a welcome reception on July 28 at FireKeepers Casino for newly selected Interim Chief Executive Officer Jennifer Turner.

Turner, a Michigan Native, brings 20 years of leadership and management experience to Waséyabek, with 13 years of Tribal business development expertise. Turner served in various business capacities for the Saginaw Chippewa Indian Tribe before becoming CEO for Migizi Economic Development Corporation, their non-gaming economic diversification arm, where she spearheaded the \$45 million Soaring Eagle Water Park and Hotel project, along with an RV park.

Most recently, Turner served as CEO of Grand Canyon Resort Corporation (GCRC) for the Hualapai Tribal Nation in Arizona. During her tenure as CEO, Jennifer led the corporation to a record setting financial year and broke visitation records, largely achieved through innovative media platforms developed by Turner's team. She also led the Tribe and Corporation through a Master Plan development, and led the development of a community

grocery store, gas station and a major renovation project to Grand Canyon West's Visitor Center. With Turner's guidance, GCRC developed their first leadership program designed to provide Hualapai Tribal Members opportunities to receive detailed education and workplace mentorship, promoting advancement opportunities within the Tribe and GCRC.

In brief statements made during the welcome event, Turner thanked NHBP for the honor and opportunity to serve the community as they pursue an economic diversification strategy. Turner has hit the ground running, and is currently leading the strategic planning efforts and Skasgé Power, LLC.

Waséyabek Development Company, LLC was formed last year to pursue economic diversification, to create jobs and revenue for the Tribal community. This model has been successfully utilized throughout Indian Country as a strategy for designing sustainable Tribal economies, guided by our seven generation beliefs.

Photo: Jaky Replogle



Vice Chairperson Rod Lanning, Secretary James A. TenBrink, Interim CEO Jennifer Turner, Chairperson Terri Fitzpatrick, Treasurer Chris Day.



# Northern TYP Summer Day Camp Program Wrapup

Submitted by Camie Castaneda, Membership Services Programs Coordinator

The Northern Tribal Youth Program has wrapped up our Summer Day Camp and is getting ready for our fall programming. We had a wonderful time this summer especially since we were able to partner with the Family Out Reach Center's Radcliff Programming and the L.A.U.N.C.H Program. The Tribal Youth Program would also like to give a Chi Migwéch to the NHBP Health Department for helping out with physical activities, nutrition teachings and organizing our healthy lunches.

During the Summer Day Camp Northern Youth were able to make their own bandolier bags to add to their regalia or their traditional bundles. Youth also visited the Jijak Foundation for a day of play and were able to participate in a clay pottery workshop with Frank Barker. Youth were given tobacco teachings and helped make tobacco ties for the NHBP Annual Pow Wow. In addition to receiving cultural teachings youth were also exposed to substance abuse prevention curriculum and exercise sessions.

The Membership Services Department was very pleased with the response received by the Grand Rapids Native Community as the numbers spoke volumes in showing the need for a Summer Program in Grand Rapids. We had a total of 43 youth signed up for this program, with an average of 25 youth attending weekly. We need to acknowledge our parents and grandparents who volunteered weekly to assure we had an acceptable adult to child ratio.

We would also like to thank the Youth Learn Workers who assisted with the Summer Day Camp Program. They assisted with serving lunch, set up and tear down, and helped our young ones with craft projects.

It has been a great summer and we are happy that so many youth were able to join us in our adventures we hope that we can keep the momentum going this fall.

Photo: Membership Services Staff



NHBP youths in their morning Talking Circle with Northern Youth Specialist Jonathan Rinehart.





Jonathan Rinehart assists Olivia Mandoka while the Tribal youth made Pottery with Frank Barker at the Jijak Foundation.



Aanzhenii Dandridge smudging to the circle.



Tribal youths Anthony Woodring and Ronnie Woodring enjoyed a game of hoops at the Jijak Foundation.

# CASINO CONNECTION

## Track III – Intern Graduates

Submitted by Drew Phillips, Tribal Development Manager

FireKeepers Casino Hotel is proud to announce the completion of the Track III – FireKeepers Internship Program by three NHBP Tribal Members. Steven Smit, Alexander Simmons, and Erick Foerster were very dedicated, passionate, and appreciative of their experience as an intern for the entire summer!

Smit, who is entering his Sophomore year at the University of Michigan in Ann Arbor, had the opportunity to spend three weeks through a rotation of the casino and nine weeks with our Human Resources team in his hands-on, in-depth experience. He helped the company and proved to be a great addition to the team while here.

"My time here at FireKeepers has been more jam-packed with learning and growth than any other equal time in my life. I've made tons of friends in my co-workers and fellow interns. All I have is thanks upon thanks towards the Executive Team and Tribal Council for accommodating us for the best summer experience I've ever had!" Smit said.

Simmons, who will be entering his first year at Northwestern Michigan College in Traverse City, also spent three weeks in a rotation of the casino followed by a seven-week, hands-on experience in our Back of House Food & Beverage Department. Simmons was able to gain valuable skills that will help him not only as he enters his first year of culinary school, but that will set him far ahead of many candidates for cooking positions in the future.

"The one big thing I will take away from my experience as an intern is how it is to work in a kitchen as a cook. I would like to thank Tribal Council and the Leadership Team at FireKeepers Casino for supporting the program," Simmons said.

Foerster, who is attending Kalamazoo Valley Community College, has had a very positive experience as an intern. As he

completed his three week rotation and dove into his hands-on internship within our IT Department, he learned some very applicable skills for his future in the Technology field. While continuing his education for Computer Engineering, Foerster has accepted a full-time position as an IT Technician at FireKeepers Casino Hotel! We are very proud to have him continue to exceed expectations in his new role.

"My main takeaway from the internship has to be the technical skills I've developed over the last few weeks. Following professionals in the field has proved useful by seeing the practical and everyday applications of what I've learned in school. Given the opportunity of starting as the new tech, my aspiration of continuing my education has only strengthened," Foerster said.

FireKeepers Casino Hotel would not only like to congratulate these three young men on their completion of our program, but to wish them the best of luck in their upcoming school year! Chi Migwêch for the hard work and dedication that you exhibited in your internships! You should be proud of everything you have accomplished this summer.

Photo: Membership Services Staff



Tribal Development Manager Drew Phillips, NMC Freshman Alex Simmons, U of M Sophomore Steven Smit, KVCC Sophomore and IT Technician Erick Foerster and Vice President of Human Resources Frank Tecumseh



# WIN A SHARE OF \$150,000 IN CASH & PRIZES!



**PRIZES GET BIGGER &  
BIGGER EVERY ROUND!**

**LAST WINNER STANDING  
TAKES THE TOP PRIZE!**

**SUNDAY, SEPTEMBER 27 • 2 PM – 7 PM**

**2 PM: \$3,000 in Prizes • Top Prize \$1,000 CASH | 3 PM: \$5,500 in Prizes • Top Prize \$2,500 CASH**

**4 PM: \$10,750 in Prizes • Top Prize \$5,000 CASH | 5 PM: \$28,250 in Prizes • Top Prize \$10,000 CASH**

**7 PM: \$102,500 in Prizes • Top Prize \$40,000 CASH**

Must be present to win. Must activate entries on drawing day by playing with your Red Hot Rewards Club card. Make a wager and temporarily remove the card from the game during the activation window from one hour before each drawing until 15 minutes prior to each drawing. Limit of one preliminary prize per person. Non-transferable. See the Red Hot Rewards Club booth for complete details. Management reserves all rights.

## **\$56,000 ALL-STAR** **FANTASY FOOTBALL CHALLENGE**

**FREE DAILY ENTRY • AUGUST 22 – JANUARY 3**  
**WIN UP TO \$2,000 IN RED HOT CREDITS EACH WEEK!**

To participate, simply swipe your Red Hot Rewards Club card at the All-Star Fantasy Challenge Kiosk located outside of Kabaret Lounge.

**Select the team that gains the highest score and you can win Red Hot Credits.**

**PLUS, play each week to be automatically entered into a drawing where you can win tickets to a Detroit Lions game!**

### **WEEKLY**

**1st Place • \$2,000 in Red Hot Credits**

**2nd Place • \$500 in Red Hot Credits**

**3rd Place • \$250 in Red Hot Credits**

### **2015 REGULAR SEASON**

**Top Prize • \$5,000 in Red Hot Credits**

Must be a Red Hot Rewards Club member. One-time entry of valid email address required. See the Red Hot Rewards Club booth for complete details. Management reserves all rights.

## **SENIOR** *Tuesdays*

For 55+ Red Hot Rewards Club Members

**8 AM – 10:30 AM**

\$5 Breakfast Buffet in Mijem.

**9 AM – 4 PM**

Earn 55 points and receive one entry  
**PLUS, \$10 in BONUS Red Hot Credits!**

**TUESDAY, SEPTEMBER 29**

**10 AM – 4 PM**

Five winners every hour will receive  
\$555 in Red Hot Credits.

**5 PM**

One winner will receive \$5,555 CASH.

See the Red Hot Rewards Club booth for details.  
Management reserves all rights.



GET YOUR **VEGAS** ON™

**FIREKEEPERS**  
CASINO • HOTEL  
BATTLE CREEK

# HALLOWEEN 2015

## Spooky Spectacular!



### Saturday, October 31

3 to 5 p.m. at the Community Center  
Fun! Games! Treats! Costumes Contests!  
For more information, contact: Grace Chivis  
(phone) 269.704.8419 (email) gchivis@nhbpi.com

Join us for the  
Turtle Trot at 5 p.m. and the 5K Rez Run at 7 p.m.  
Pine Creek Reservation Rec Field!  
2221 1½ Mile Road, Fulton, MI 49052

For more information on the 5K, contact: Emily Henning  
(phone) 269.704.8350 (email) ehenning@nhbp.org  
Register online: active.com Search keywords 'reservation' or 'spooky'



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SEPTMBER 11 & 12, 2015

# WILD RICE CAMP

FRIDAY 11 a.m to 5 p.m. SATURDAY

Please join us for an educational and cultural opportunity to participate in the traditional processing of wild rice, which grows along the Nottawa Creek watershed adjacent to the Pine Creek Indian Reservation. Featured will be wild ricing and birch bark crafts. The event is free, and open to all Tribal Members and the public. Transportation for Tribal Members from 311 State Street will be available. You must pre-register. **Lunch and snacks will be provided both days.**

For questions, or to pre-register, please contact Steve Allen  
phone: 269.282.7025 email: [sallen@nhbpi.com](mailto:sallen@nhbpi.com)

**Registration opens 9.01.15 and closes 9.08.15**

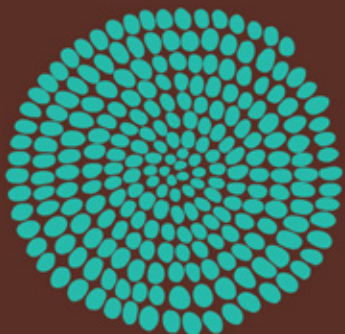


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**A free Winnowing Basket Making class will be available to the first 12 people to register!**

NESEA  
to  
HEAL  
someone.



NESEA  
"...to heal someone."

Nesea, meaning "to heal someone," is a women's support group held in the Grand Rapids Gathering Room. It focuses on topics that women face in society and in the Native community, such as: domestic violence, substance abuse, mental illness, trauma, parenting, women's role in the Native community, intimacy and relationships.

The group is open to everyone and meets the first Friday of the month from 1 to 3 p.m. Light refreshments will be provided.

Transportation will be provided to NHBP members and ATR participants upon request. Please contact Cassie Cleary, Behavioral Health Clinician, at [ccleary@nhbp.org](mailto:ccleary@nhbp.org) or at 616.249.0159 with any questions.



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# SEPTEMBER LUNCH & LEARN

WEDNESDAYS AT NOON • PINE CREEK COMMUNITY CENTER

Free to NHBP Tribal Elders. \$3 for community members, visitors and employees.

## September 2 {Childhood Obesity} Justin Gephart

Join Health Educator Justin Gephart to learn about the prevalence of childhood obesity and the negative health repercussions that accompany it.

## September 9 {Food Safety} Jennifer Ozolins

Join Chef Jen from FireKeepers Casino Hotel to learn about the specifics of food handling and food safety.

## September 16 {Membership Services Update} Tiesha Williams

Join Membership Services Manager Tiesha Williams for an update on what events have happened and are scheduled to occur in the upcoming months.

## September 23 {Healthy Aging} Anne Clark

Join Anne Clark from Senior Health Partners to learn some techniques to help you age healthy so you can enjoy life for years to come.

## September 30 {Diabetes} Kathie Grothaus

Join Contract Health Services Specialist Kathie Grothaus on National Women's Health and Fitness Day to about the effect diabetes has on women and what can be done to prevent it or manage it.

## Take the P.A.T.H. to Better Health!

Personal Action Towards Health

### Join us for the new Diabetes PATH class!

Diabetes PATH is a workshop for adults with diabetes, their family, friends and caregivers. The workshop is open to all NHBP clinic patients and their families. It does not matter how long you have had diabetes or how well or how poorly you think you are doing with your diabetes. Anyone with diabetes can attend.

By attending, you will learn to manage your diabetes through education, nutrition, exercise and medical therapies. These techniques will help you take charge of your own health, be more independent and communicate better with your health care team.

**Wednesdays, September 9 - October 14, 12:30 to 3 p.m.**

**Pine Creek Community Center - Lunch & Learn is at Noon.**

**Tuesdays, October 13 - November 24, 5:30 to 8 p.m.**

**311 State Street, Grand Rapids - Dinner will be served.**

**Space is limited!** Call or email Lysandra Vander Hart at 616.249.0159; toll-free: 888.662.2808  
or email: [lvanderhart@nhbp.org](mailto:lvanderhart@nhbp.org)



The Senior Care Services



**NOTTAWASEPPI HURON  
BAND OF THE POTAWATOMI**

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**PROJECT  
LAUNCH**



# PROJECT LAUNCH POSITIVE PARENTING PROGRAM

Is your child's behavior out-of-control?

Have you run out of ideas for getting your child to do as asked?

Stop pulling your hair out and enroll in the **Positive Parenting Program (Triple P)** now being offered through **Project LAUNCH**. Come join us for four weekly meetings to talk about parenting and gain support. Then receive three weeks of phone support, followed by a celebration gathering!

Each week offers new ideas, fun discussions, snacks and goodies!

This program is free! Come see what it is all about!

**Call Martin Robinson at 269.729.4422 to reserve your spot!**

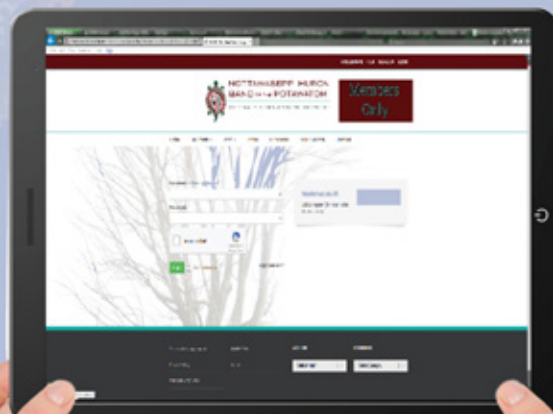


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## New **NHBP Tribal Members Only** website is live!

- 🌀 Watch Tribal Council meeting videos
- 🌀 View photo galleries of events
- 🌀 Find important documents and forms



- 🌀 To sign-up, go to: [nhbpi.com](http://nhbpi.com)
- 🌀 Click on the **Members Only** link.
- 🌀 Fill in the form.
- 🌀 Accept the **Terms of Use**.
- 🌀 Wait two business days for confirmation of membership by the Enrollment Department and activation of your account.



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# First Tee Experience! Southern Tribal Youth Summer Camp

Submitted by Charmaine Mandoka, Southern Youth Specialist

The Southern Tribal Youth Summer Camp was held July 20 to 23 at First Tee Binder Park Golf Course. Fifteen Tribal youth attended the summer camp. The youth learned lessons in the sport of golf, but they learned key life values that will stick with them for the rest of their lives. Summer camp participants had a blast throughout the time they spent with First Tee. They could not wait to go home each day and share their experience with their families. At the end of the summer camp, First Tee donated golf clubs to each of the participants. Our Tribal youth really enjoyed the summer camp this year, and they would love to do it again.

Photo: Jaky Replogle



Keyon Mandoka gets advice from his golf instructor.

Photo: Jaky Replogle



Kylie Collyer aims for the green.





Destinique Iden and Dyami Harris learn techniques from their golf instructor.



Jontay Edwards puts his 'putting' skills to use.

December 19, 2015  
Fire Keepers Casino Hotel

# 20<sup>TH</sup> ANNIVERSARY

## FEDERAL RECOGNITION



NOTTAWASEPPI HURON  
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- ✎ A block of rooms has been reserved for Saturday night.
- ✎ More information to follow about room reservations and RSVP details.



### R.A.D. Rape Aggression Defense Course – Basic physical defense for women.

# R.A.D.

"To develop and enhance the options of self defense, so they may become viable considerations to the woman who is attacked."

- Lawrence N. Nadue, R.A.D. Systems Founder

#### FREE! JUST SIGN UP!

Come check out what **R.A.D.** is all about!

#### Two day self-defense course!

**WHEN:** Saturday, November 14 & Sunday, November 15, 2015

**TIME:** 9 a.m. to 5 p.m.

**WHERE:** Old Athens Middle School  
599 E. Williams Street, Athens, MI 49011

**Lunch provided!**

R.A.D is open to NHBP female Tribal Members, family, and female NHBP employees - and the public. Attendees under the age of 18 must have a parent's consent. The course will be physically demanding. Participants must complete both days to receive certification. Space is limited to the first 20 participants. Preregistration required.

To register, contact: Kristen Main, NHBP Tribal Police Sergeant, at 269.729.7289 or [kmain@nhbpi.com](mailto:kmain@nhbpi.com)



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# 'Sit & Be Fit' Exercise Class!

## Join us for a new exercise class in Grand Rapids!

NHBP has partnered with the YMCA to offer NEW Exercise Classes at the NHBP Health Department in Grand Rapids. **Come join in the fun!**

### Sit & Be Fit!

Fridays, 11 a.m. starting October 2!

Community Lunch to follow at noon!

The **Sit & Be Fit** program is designed to work on increasing muscle strength, flexibility and core strength for balance, all the while using your own body resistance, light weights and exercise bands. This exercise program provides you the opportunity to strengthen your muscles without the impact of running or intense movements.

For more information, contact

Community Health Educator Justin Gephart  
at 269.729.4422.



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## ELDERS DETROIT FIELD TRIP

Joe's Crabshack & Detroit Historical Museum

TUESDAY, SEPTEMBER 22, 2015

10 a.m. to 7 p.m.

10 a.m. pick-ups at both Pine Creek Community Center & 311 State Street, Grand Rapids

Event registration opens September 1 at 8:30 a.m.  
and closes September 16 at 5 p.m.

RSVP: Nickole Keith

(phone) 269.223.9127 (email) [nkeith@nhbpi.com](mailto:nkeith@nhbpi.com)



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## MIFO 2015

Submitted by Tiesha Williams, Membership Services Manager

The Michigan Indian Family Olympics had 130 NHBP participants this year, ages ranging from 6 months to 65-years-old. They took to the fields of Shepherd High School for a shot at rekindling an old flame.

Sporting royal blue t-shirts with "Dream Big" highlighted on the front (design submitted by Mariesha Keith and Dana Young), NHBP anticipated coming home victorious.

New and exciting features were incorporated this year to make this event even more exciting. All event results were immediately available on a mobile website. This allowed participants to know if they placed in an event and when their medal was available for pick up.

Events ranged from the Baby Crawl to Archery and everything in between. All attendees participated in at least one event with several qualifying for first, second and third place medals.

Overall, NHBP came in fourth place and we look forward to competing again next year! Check out the following list of NHBP qualifiers. A complete list of events, scores, and qualifiers can be found at [www.sagchip.org](http://www.sagchip.org).

Photo: Jaky Replogle



De'Andre Mandoka does push-ups during the Fitness Circuit.

Photo: Jaky Replogle



Myra Day-Franklin and NHBP Elder Linda Rice celebrate Linda's first place win.





John Day Jr. readys his shot for the archery competition.



Hogan Harmon shows off his medal.



Vontae Manning gets ready for the Tot Trot.



Photo: Kathy Mackety



Desmond Mandoka holds Avrian Keith during the posting of the flags.

Photo: Jaky Replogle



Andrea Rainer taking her spot for the 400 - Meter Run.

Photo: Jaky Replogle



Makhyes Day praying for his brother to win the race.

Photo: David Grothaus



Donal Collyer shows great form during the softball throw.





Keyon Mandoka took third place in the Fitness Circuit.



Myra Day-Franklin, Jamie Mandoka and Mariesha Keith run the one mile and are going for the gold!



Photo: Jaky Replogle



Holly Christy won first place in the running long jump.

Photo: Kathy Mackety



Jillian Mutchler took first place in the archery competition.

Photo: Jaky Replogle



NHBP team members pull with all their might during the Annual Tug of War battle.





NHBP Tribe-to-Tribe Walking Challenge participants accept the \$2,000 grant check on behalf of the Tribe.

## Tribe to Tribe Walking Challenge

Submitted by Emily Henning, Community Health Team Lead

The 2015 Tribe to Tribe Walking Challenge concluded on July 5. Sponsored by Blue Cross Blue Shield of Michigan, the program spanned two months and challenged Tribes across Michigan to increase their physical activity. This program brought about friendly competition among the NHBP community as we worked together, striving for most total team miles logged. NHBP had a total of 65 people register to participate. Everyone did a great job logging their steps, turning their logs in on time, and staying committed to completing as many steps as possible to help our team. Way to stay motivated!

Tribal Member Andrea Rainer, who took 845,510 steps over the course of the nine weeks, led the NHBP female walkers. Those steps equaled over 422 total miles! She was followed by Dental Assistant Kendra Blaskowski who covered over 358 miles in 716,558 steps, and Dental Hygienist Heidi Heers who covered over 351 miles in 703,663 steps.

The NHBP men were led by Tribal Member Anthony Woodring who covered over 486 miles in 973,341 steps.

He was followed by Dr. Chas Jensen who covered more than 424 miles in 849,555 steps, and Tribal Member Chris Rogers who covered more than 412 miles in 824,254 steps.

Dick's Sporting Goods gift cards were awarded to the first, second and third place winners for both men and women in the amounts of \$75, \$50 and \$25 respectively. Altogether, NHBP was able to cover 10,460 miles! To put that in perspective, that would allow us to travel from the Reservation to Los Angeles, California, and back just under 2.5 times! That is very impressive and we should be proud of our accomplishment!

The walking challenge team winners were announced at the Michigan Indian Family Olympics on July 17. NHBP came in third place for overall team miles, and received grant money from Blue Cross in the amount of \$2,000 dollars. Congratulations!

# MIFO Event Results for NHBP Members, Families and Employees

Compiled from information found on [www.sagchip.org](http://www.sagchip.org)

## Men's Events

### Tot Trot

Age Group: 1 to 2

Vontey Manning - 1st Place

### 50-Meter Run

Age Group: 10 to 12

Jordyn Morseau - 1st Place

Josev Keith - 3rd Place

### 100-Meter Run

Age Group: 19 to 24

Tyreece Mandoka - 1st Place

Quincy Armstrong - 3rd Place

Age Group: 25 to 32

Antonie Simbler - 3rd Place

### 400-Meter Run

Age Group: 13 to 15

Daniel Jacobs - 3rd Place

Age Group: 16 to 18

Terrance Williams - 2nd Place

Age Group: 19 to 24

Quincy Armstrong - 2nd Place

Tyreece Mandoka - 3rd Place

### 1600-Meter Run

Age Group: 19 to 24

Marquis Day - 3rd Place

### 400-Meter Walk

Age Group: 41 to 54

Kevin Holmes - 2nd Place

### 3-Point Basketball Shootout

Age Group: 10 to 12

Marcell Day - 1st Place

Hogan Harmon - 2nd Place

Jordyn Morseau - 3rd Place

Anthony Woodring - 3rd Place

Age Group: 13 to 15

Daniel Jacobs - 3rd Place

Age Group: 19 to 24

Devonne Harris - 1st Place

Quincy Armstrong - 2nd Place

Tyreece Mandoka - 3rd Place

Age Group: 25 to 32

Kevin Harris II - 3rd Place

Age Group: 41 to 54

Michael Whittaker - 1st Place

Jonathan Rinehart - 3rd Place

### Free-Throw Basketball Shot

Age Group: 55 to 64

Donal Collyer - 2nd Place

### Archery

Age Group: 55 to 64

Donal Collyer - 2nd Place

### Bean Bag Toss

Age Group: 41 to 54

John Day Sr. - 2nd Place

Calvin Holmes - 3rd Place

Leon Brown - 3rd Place

### Fitness Circuit

Age Group: 7 to 9

Kelvyon Holmes - 3rd Place

Age Group: 10 to 12

Hogan Harmon - 2nd Place

Keyon Mandoka - 3rd Place

### Obstacle Course

Age Group: 10 to 12

Raymond Chivis - 3rd Place

### Running Long Jump

Age Group: 10 to 12

Kieaunta Whittaker - 1st Place

Keyon Mandoka - 2nd Place

Age Group: 13 to 15

Daniel Jacobs - 1st Place

Age Group: 19 to 24

Tyreece Mandoka - 1st Place

Devonne Harris - 2nd Place

Darian Mandoka - 3rd Place

Age Group: 25 to 32

Antonie Simbler - 3rd Place

### Softball Throw

Age Group: 5 to 6

Makhyes Day - 2nd Place

Age Group: 10 to 12

Jordyn Morseau - 1st Place

Age Group: 13 to 15

Daniel Jacobs - 1st Place

Age Group: 19 to 24

Marquis Day - 2nd Place

Age Group: 55 to 64

Donal Collins - 2nd Place



## Women's Events

### Tot Trot

Age Group: 1 to 2

Ameris Keith - 1st Place

### 50-Meter Run

Age Group: 7 to 9

Kiyah Collins - 1st

### 100-Meter Run

Age Group: 16 to 18

Holly Christy - 1st Place

Age Group: 19 to 24

Charmaine Mandaoka - 1st

Age Group: 25 to 32

Dannea Mandoka - 3rd Place

### 400-Meter Run

Age Group: 13 to 15

Karly Hendrix - 2nd Place

Age Group: 19 to 24

Charmaine Mandoka - 1st Place

Age Group: 33 to 40

Andrea Rainer - 2nd Place

### 1-Mile Run

Age Group: 25 to 32

Lashana Manning - 2nd Place

### 400-Meter Walk - Heat 1

Age Group: 41 to 54

Linda Rice - 1st Place

### 400-Meter Walk - Heat 3

Age Group: 41 to 54

Jenny Mulchler - 1st

### 3-Point Basketball Shootout

Age Group: 13 to 15

Dyami Harris - 1st Place

Age Group: 25 to 32

Mariesha Keith - 2nd Place

Emily Henning - 3rd Place

Age Group: 33-40

Laura Marshall - 3rd Place

Dora Lopez - 3rd Place

Age Group: 41 to 54

Kim Christy - 3rd Place

### Bean Bag Toss

Age Group: 1 to 2

Ameris Keith - 1st Place

Age Group: 41-54

Linda Rice - 3rd Place

## Archery

Age Group: 16 to 18

Jillian Mutchler - 1st Place

## Fitness Circuit

Age Group: 7 to 9

Kiyah Collins - 2nd Place

Age Group: 10 to 12

Jalaysia Postell - 3rd Place

## Running Long Jump

Age Group: 16 to 18

Holly Christy - 1st Place

Age Group: 19 to 24

Charmaine Mandoka - 3rd Place

Age Group: 25 to 32

Mariesha Keith - 3rd Place

Age Group: 41 to 54

Jenny Mutchler - 3rd Place

## Softball Throw

Age Group: 16 to 18

Briell Whittaker - 1st Place

Age Group: 19 to 24

Charmaine Mandoka - 3rd Place

Age Group: 25 to 32

Emily Henning - 2nd Place

Age Group: 33 to 40

Danielle Jacobs - 1st Place

Mindy Harmon - 2nd Place

## History of MIFO

([www.sagchip.org](http://www.sagchip.org))

### When did the Family Olympics start?

1987, this past year was the 27th annual.

### Who started it?

It was started by Sue Siller, Health Educator for the Saginaw Chippewa Indian Tribe of Michigan.

### Why was it started?

It was started to promote health and wellness through a family fun day of physical activity with mainly track and field events along with swimming events for Saginaw Chippewa Indian Tribal Members and their families. This expanded to include the other Tribes and Tribal organizations throughout the State of Michigan.

# Gone Fishing!

Submitted by Kathy Mackety, Events Coordinator

July 26 and August 2, the NHBP women and men met in the wee hours of the morning to enjoy a full day of sunshine, water and nature at its finest during the Women's and Men's Retreats.

Each group was broken into five or six people per boat, depending on the size of the boat. The groups departed from Benton Harbor. The entire fleet were guided by true professional fisherman that have been doing this for many years. They gave Members a 5-star experience.

Both groups enjoyed their day of charter fishing on Lake Michigan. They were able to relax until their specific destination had been reached. However, that relaxation was short lived once the first fish was hooked.

This was big game fishing at its finest. One beast weighed in at more than 17 pounds. The fish that were caught included Steelhead, Coho, Silver and King Salmon, and Lake, Brown and Rainbow Trout. These monsters did not go down without a fight and no one had the story of the "one that got away."

Upon returning to the shore, Members feasted on their catch at Babe's Lounge.

At the end of the day, Members smiles were bigger than the fish they caught and the catch phrase 'hook, line and sinker' created memories to last a lifetime.

Photo: Carrie Gallup



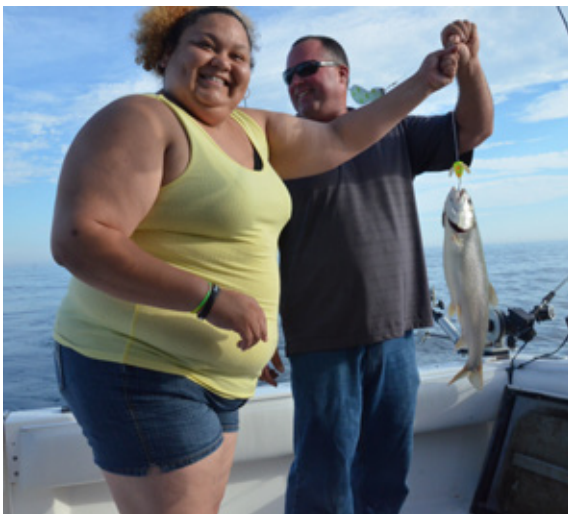
Carol North reeled in the first of 16 fish on her boat..

Photo: Carrie Gallup



Kim Christy's massive beast.

Photo: Tiesha Williams



Dana Young shows off her catch.

Photo: Tiesha Williams



Dorie Rios, Dana Young, Danielle Jacobs and Mariesha Keith exhibit their haul.



Photo: Travis Vorce



Kyle, Carl and Nathan Norman take a day off to go fishing.

Photo: Darrel Vorce



William Osborn showing off the group's catch.

Photo: Darrel Vorce



Mark Phillips shows off his trophy.

Photo: Travis Vorce



Darrel Vorce pretending to be the captain of the vessel.

Photo: Darrel Vorce



Joe Harris, Devonne Harris, Tyrone Jr. with dad, Tyrone Rios and Kevin Harris Jr. take a moment to pose for a picture while waiting for their fish to be processed.

Photo: Darrel Vorce



Bryant Phillips isn't thrilled about his photo being taken.



# MNO WENDBESHKAYEN NGON & MIGWÉCH

## CELEBRATIONS!



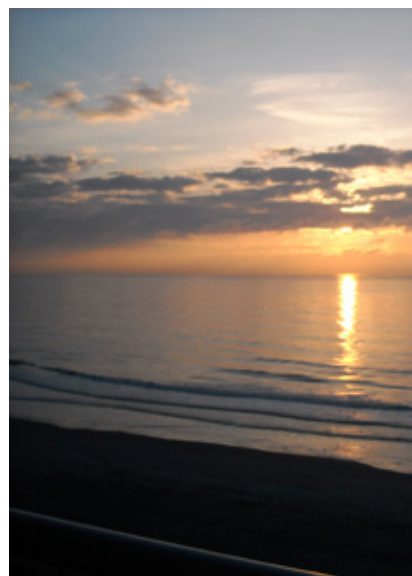
**Isabel Campos-Ball & Ron Ball**  
{May 8th}

Congratulations to Isabel Campos-Ball & Ron Ball on their marriage!



**Milo Langston Osborn**  
{July 2}

We are proud to announce a new arrival to our family! Milo Langston Osborn.  
Congratulations Billy Jr. & Kristen Osborn



**William C. Osborn Sr.**  
{July 20}

Happy belated birthday to William C. Osborn Sr.



**Billy Osborn Jr.**  
{July 22}

Happy 35th Birthday Billy Jr.  
We are so very proud of you!  
Love you lots, Your Family



**Steven M. Osborn**  
{August 1}

Happy 31st Birthday Steven, we are so very proud of you!  
Love You Lots, Your Family!



**Michael Young**  
{September 4}

Happy Birthday!  
Stay strong and keep your head up!  
Love, your baby sister & family

## Birthday & Celebration Deadlines for Turtle Press

The Turtle Press deadline for submissions is the 10th day of the month prior to publication.  
Please send your digital photo and message to: [turtlepress@nhbpi.com](mailto:turtlepress@nhbpi.com)



# MNO WENDBESHKAYEN NGON & MIGWÉCH

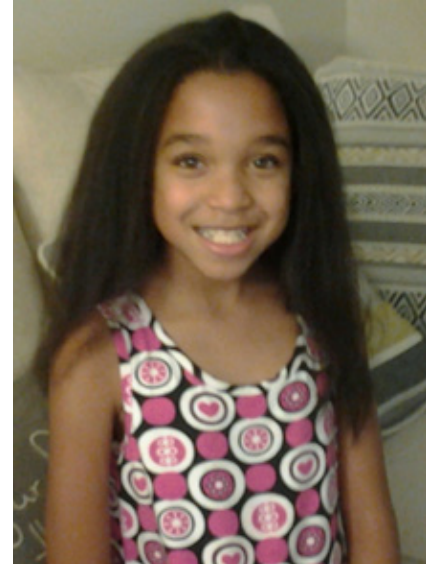
## CELEBRATIONS!



**Mahkyes Day**  
{September 20}  
Happy birthday!  
Love, Your Family



**Dana Young**  
{September 21}  
Happy birthday to me!



**Nyasia Franklin**  
{September 25}  
Happy Birthday to my beautiful daughter  
NyaJoy! #10.  
Love, mommy



**Skyler Simmons**  
{August 4}  
Happy 19th birthday, Bubba! And congratulations on your  
new job! We love you.  
Love, Your Family



**Bianca Porter**  
{September 8}  
Happy 20th birthday to my youngest daughter, Bianca!  
We love you.  
Love, Momma & The Bens

# HALLOWEEN 2015

## Turtle Trot One Mile & 5K Rez Fun Run

Pine Creek Indian Reservation Rec Field  
2221 1½ Mile Road, Fulton, MI 49052



### Saturday, October 31

Turtle Trot One Mile: 5 p.m.

5K Rez Fun Run: 7 p.m.

Race registration: 4 to 7 p.m.

Register online: [active.com](http://active.com)

Search keywords 'reservation' or 'spooky'

For more information, contact:

Emily Henning (phone) 269.704.8350

(email) [ehenning@nhbp.org](mailto:ehenning@nhbp.org)



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## Cardio Drumming Fitness Class to Continue by Popular Demand!



Cardio Drumming class with Linda Rice continues at the Pine Creek Community Center on most Thursdays from 5:30 to 6:30 p.m.

### **Dance to the beat of a different drum...**

A CARDIO drum! Great for all ages and fitness levels! Come and try a fun, invigorating, FREE workout!

**For more information, or to ask for a class schedule, call the NHBP Health Department at 269.729.4422.**



**Michigan Indian Legal Services**

877.968.6877

Free Legal Aid Clinics

### **Nottawaseppi Huron Band of the Potawatomi Tribal Members**

Do you need advice or assistance with a pressing legal problem and you think your income may fall lower than federal poverty guidelines? Tribal Members needing legal assistance may be eligible to receive free legal assistance. To determine eligibility, please contact Michigan Indian Legal Services (MILS).

#### **Issues may include (among others):**

- Criminal matters
- Family law
- Housing-eviction from Tribal public housing
- Health care and welfare benefits
- Child welfare and ICWA
- Juvenile delinquency cases
- Per capita – garnishment and attachment of per capita distributions
- Estate Planning

No appointment is necessary; however, if you would like to reserve a time slot, please contact the MILS office at 877.968.6877. MILS attorneys are available to meet with NHBP Members either in the Grand Rapids Office or at the Government Center on the Pine Creek Indian Reservation – the schedule of office hours is posted on nhbpi.com.

**Do you have legal needs not mentioned above and would like to see if they can be addressed through MILS services in the future? If so, or if you would like us to consider other changes to the Members Legal Assistance Program, please contact Legal Assistant Rebecca Griffin in the NHBP Legal Department at 269.704.8371 or [rgriffin@nhbpi.com](mailto:rgriffin@nhbpi.com).**



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## EMPLOYEE OF THE MONTH

### Archie Mears Named August Employee of the Month

Submitted by Carrie Gallup, Communications Manager

Water and Waste Water Maintenance Worker Archie Mears was honored as the NHBP Employee of the Month at the August All Staff Meeting. Mears joined NHBP in March 2012 as a Skilled Worker in the Department of Public Works, and assumed his current role in January 2015.

Graphic Designer Claudia Houser nominated Mears for his hard work, excellent customer service and sense of humor.

"Archie gets some of the strangest calls from our department – like the time we were having phantom power-outages in certain sectors of the department," Houser said. "More recently we got Travis Parashonts stuck in the laminator. Actually, it was a full-sized image of Travis. The laminator ate his head and chest, and only his legs were dangling from the front."

Mears is always very quick to respond to the Communications Departments SOS calls, and has a curious, bright mind that finds solutions that cannot be Googled on YouTube.

"With the power outages Archie tried a number of elimination tasks to narrow it down – even coming in way before his shift started to test a theory about the electrical perhaps being somehow tied into the overhead light timers," Houser said. "With the unfortunate incident with Travis it required major surgery on a nearly 800 degree piece of equipment to extract him."

"Archie has a tool box, and never judges. We have yet to throw a "crazy/stupid oops" at Archie that he has not conquered with expertise, patience and humor," Houser said. "He even takes the time to share some of his fix-it tips on the way-off chance that we might learn some skills. So, add optimism to the mix."



**Archie Mears**  
Water and Waste Water Maintenance  
Worker - Department of Public Works

### 'Members Only' NHBP Event Photo Galleries!

View thousands of great photos taken at NHBP events by going to the Members Only site at [nhbpi.com](http://nhbpi.com)! This private site is for NHBP Tribal Members and features Tribal Council meeting videos, photo galleries of events, and important documents and forms. Joining is easy: ❶ Go to **nhbpi.com**. ❷ Click on the **Members Only** link. ❸ Fill in the form. ❹ Accept the **Terms of Use**. ❺ Wait two business days for confirmation of membership by the Enrollment Department and activation of your account.





# This Fall, Prevent a Fall.

This is a **free** program that emphasizes practical strategies to manage falls.

## YOU WILL LEARN TO:

- View falls as controllable
- Set goals for increasing activity
- Make changes to reduce fall risk at home
- Exercise to increase strength and balance

## WHO SHOULD ATTEND?

- Anyone concerned about falls
- Anyone interested in improving balance, flexibility and strength
- Anyone who has fallen in the past
- Anyone who has restricted activities because of falling concerns

## The **FREE** nine session workshops will be held:

**When:** Fridays from 10 a.m. to noon, August 7 - October 2. Community lunch to follow.

**Where:** Grand Rapids Health Department Conference Room  
311 State Street, Grand Rapids, MI 49503

**For more information, or to register:** Contact Justin Gephart at 269.729.4422  
or Leo Pontiac at 616.260.9925



## ELDERS GIFT CARD PROGRAM

The Elders Gift Card Program was designed to help Tribal Elders by providing a \$25 Wal-Mart gift card to Elders who are hospitalized with an overnight stay to help assist in purchasing needed items.

**Eligibility:** Any NHBP Member who is 50 years of age or older and is admitted to a hospital facility for medical care requiring at least one overnight stay. Requests for Elder Gift cards need to be submitted no later than 30 days after the date of hospitalization to be eligible per policy. You may use this program two times per year.

**Contact Chris Woodring, Community Resource Coordinator, for more information: 616.249.0159**

# MNOMNEKÉ GIZES {WILD RICING MOON}

## SEPTEMBER SHISHIBÉ WORDS WE ARE USING

O K X G S F M E K X F K A N J  
M E A M B A W N R Y I K X L Q  
H N R Z E Y O K I K H S I B M  
S D H L X Z K C R S O W X J R  
E A F S H G D C M L L F S Y T  
W S V O O J I A Z I B I W E S  
N W W U C H P S N K R T R T N  
M E S H O M S E K I G N A N A  
N N E H P L P E N B A A I X W  
V I B Q P G Y U H J E M J D K  
K I M C A E V B D Z H K E V W  
Q M T K C O M O I R U N I H É  
U M Y F C G P E R X M H T S S  
E O V F C C K A K L G T T W G  
E N S L S W X H X C F Z N R O

**Nweshmo** {To rest}

**Nozhowen** {Blessing}

**Zheshos** {Jesus Christ}

**Najdo** {Ask for}

**Giskbekis** {Moon}

**Mbes** {Lake}

**Meshomsekignan** {Grandfather Earth}

**Wabma** {To see someone}

**Shema** {To feed}

**Pamshka** {To go boating}

**Mbishkik** {Marsh}

**Zibiwes** {Creek}

**Kendaswen** {Knowledge}

**Nawkwé** {Noon}

**Shpemek** {Above/Heaven}

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Please have your submission in before the 14th of each month for a chance at winning a gift valued at \$50. Mail to: Cultural and Historic Preservation Office 1485 Mno-Bmadzewen Way Fulton, MI 49052. [mzapata@nhbpi.com](mailto:mzapata@nhbpi.com)

**The August Word Search Winner: Paula Stuck**



# SAVE *this* DATE! GHOST SUPPER

SATURDAY, NOVEMBER 7, 2015 *at* DUSK

COMMUNITY CENTER *on the* PINE CREEK INDIAN RESERVATION

Please join with us  
as we celebrate our Ancestors with a Ghost Supper Feast.  
Traditional foods will be provided.

NHBP Tribal Members and family are invited.

This event is sponsored by the NHBP Culture Committee.

Please contact Barry Phillips at 269.967.0370.

More information about the event will follow.



NOTTAWASEPPI HURON  
BAND OF THE POTAWATOMI

A FEDERALLY RECOGNIZED TRIBAL GOVERNMENT





# TALKING circles



Pine Creek is hosting weekly Talking Circles at the Health Department.

Talking Circles are held on Tuesdays from 12:30 to 2 p.m.

Anyone living with any type of addiction is welcome.

Snacks are provided.

For more information contact Elizabeth Morgan, Behavioral Health Clinician  
emorgan@nhbp.org | 269.729.8337



**NOTTAWASEPPI HURON  
BAND OF THE POTAWATOMI**

A FEDERALLY RECOGNIZED TRIBAL GOVERNMENT

## NHBP Education Department Professional Career Development Assistance Grants

The Nottawaseppi Huron Band of the Potawatomi Membership Services Department will provide services to eligible NHBP Tribal Members in accordance with procedures and guidelines established by the NHBP Tribal Council. The NHBP Education Department will provide financial assistance to enable NHBP Tribal Members in the pursuit of continuing education.

### Availability of Professional Career Development Assistance:

- Applicants will be funded on a first-come, first-served basis; until the funds are exhausted.
- \$500 per fiscal year (January through December) per student. Assistance is not to exceed \$500 per Tribal Member.

For an application and more details, please visit [www.nhbpi.com](http://www.nhbpi.com) or contact:  
Andrea Rainer, Educational Specialist: 269.704.8356  
email: [arainer@nhbpi.com](mailto:arainer@nhbpi.com).



SAVE THESE DATES!  
OCTOBER 12 to 14, 2015  
**MIEA**  
FALL CONFERENCE

FireKeepers Casino Hotel  
11177 E Michigan Ave, Battle Creek, MI 49014

PLEASE JOIN US FOR PROM!  
*Enchantment Under the Sea!*  
TUESDAY EVENING, OCTOBER 13



For more information, please contact Tiesha Williams  
269.704.8374 Email: [twilliams@nhbpi.com](mailto:twilliams@nhbpi.com)

## FREE HUNTER'S SAFETY COURSE!

Sponsored by the Nottawaseppi Huron Band of the Potawatomi  
**Saturday, September 12 and Sunday, September 13**  
**9 a.m to 5 p.m.**

Athens High School Library  
300 E Holcomb Street  
*Lunch will be served both days.*

**Open to all Tribal Members and the public.**

A parent or guardian *must* accompany a child under the age of 10.  
All students must have a parent or guardian present for initial registration on Saturday  
and may leave after it is completed.

**For more information, contact Police Officer Ryan Pedley at 269.729.5222.**



NOTTAWASEPPI HURON  
BAND OF THE POTAWATOMI  
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# SAVE THESE UPCOMING DATES

**RAD • Oct. 10 & 11 •** See page 21 for more information.

**MIEA • Oct. 12 to 14 •** See page 42 for more information.

**Fall Ceremonies • Oct. 22 to 25 •** More information to follow.

**Spooky Spectacular • Oct. 31 •** See page 15 for more information.

**Spooky Turtle Trot & 5K • Oct. 31 •** See page 35 for more information.

**Health Fair • Nov. 7 •** More information to follow.

**Ghost Supper • Nov. 7 •** See page 40 for more information.

**Veteran's Day • Nov. 11**

**Thanksgiving • Nov. 26 •** Offices closed.

**Federal Recognition Day • Dec. 18 •** Offices closed.

**NHBP 20th Anniversary Celebration • Dec. 19 •** See page 22 for more information.

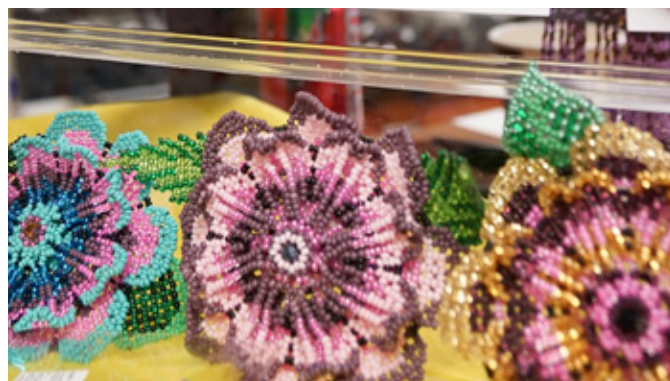
**Christmas Eve & Day • Dec. 24 & 25 •** Offices closed.

**New Years Eve & Day • Dec. 31 & Jan. 1 •** Offices closed.

## Calling all Native Artists & Craftsmen: Bkedé O Mshiké Wants You!

The general store on the Pine Creek Indian Reservation, Bkedé O Mshiké would like to invite all NHBP Tribal Artists to contact Matt Goldner if you are interested in displaying or selling any of your artwork.

**Contact: Matt Goldner**  
269.303.4990 | [mgoldner@nhbpi.com](mailto:mgoldner@nhbpi.com)





# SEPTEMBER EVENTS & ACTIVITIES

## Tuesday, Sept. 1

**Southern Elders Computer Class**  
Pine Creek Community Center  
Noon

### Talking Circles

Pine Creek Health Department  
12:30 to 2 p.m.

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

## Wednesday, Sept. 2

### Lunch & Learn

Pine Creek Community Center  
Noon

## Thursday, Sept. 3

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

### Northern TYP

311 State St.  
5 to 8 p.m.

### Cardio Drumming

Pine Creek Community Center  
5:30 to 6:30 p.m.

## Friday, Sept. 4

### Matter of Balance

311 State Street  
10 a.m. to noon  
*Community lunch to follow*

### Neshea

311 State Street  
1 to 3 p.m.

## Monday, Sept. 7

### All Offices Closed

## Tuesday, Sept. 8

### Talking Circles

Pine Creek Health Department  
12:30 to 2 p.m.

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

## Wednesday, Sept. 9

### Lunch & Learn

Pine Creek Community Center  
Noon

### P.A.T.H.

Pine Creek Community Center  
12:30 to 3 p.m.

## Thursday, Sept. 10

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

### Northern TYP

311 State St.  
5 to 8 p.m.

### Cardio Drumming

Pine Creek Community Center  
5:30 to 6:30 p.m.

## Friday, Sept. 11

### Matter of Balance

311 State Street  
10 a.m. to noon  
*Community lunch to follow*

### Wild Rice Camp

Pine Creek Community Center  
11 a.m. to 5 p.m.

## Saturday, Sept. 12

### Hunter's Safety Course

Athens High School  
300 E. Holcomb  
9 a.m. to 5 p.m.

### Wild Rice Camp

Pine Creek Community Center  
11 a.m. to 5 p.m.

## Sunday, Sept. 12

### Hunter's Safety Course

Athens High School  
300 E. Holcomb  
9 a.m. to 5 p.m.

## Monday, Sept. 14

### Northern TYP

Jijak Foundation, Gun Lake  
5 to 8:30 p.m.

### Southern Elders Arts & Crafts

Pine Creek Community Center  
3 to 7 p.m.

## Tuesday, Sept. 15

### Southern Elders Computer Class

Pine Creek Community Center  
Noon

### Talking Circles

Pine Creek Health Department  
12:30 to 2 p.m.

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

## Wednesday, Sept. 16

### Lunch & Learn

Pine Creek Community Center  
Noon

### P.A.T.H.

Pine Creek Community Center  
12:30 to 3 p.m.

## Thursday, Sept. 17

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

### Northern TYP

311 State St.  
5 to 8 p.m.

### Northern Shishibé

311 State St.  
5 to 7 p.m.

### Cardio Drumming

Pine Creek Community Center  
5:30 to 6:30 p.m.

## Friday, Sept. 18

### Matter of Balance

311 State Street  
10 a.m. to noon  
*Community lunch to follow*

## Saturday, Sept. 19

### UNITY Meeting

Pine Creek Community Center  
1 to 4 p.m.

## Monday, Sept. 21

### Northern TYP

Jijak Foundation, Gun Lake  
5 to 8:30 p.m.

### Southern Elders Arts & Crafts

Pine Creek Community Center  
3 to 7 p.m.

## Tuesday, Sept. 22

### Elders Detroit Field Trip

Lunch & Museum  
10 a.m. to 7 p.m.

### Southern Elders Computer Class

Pine Creek Community Center  
Noon

### Talking Circles

Pine Creek Health Department  
12:30 to 2 p.m.

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

## Wednesday, Sept. 23

### Lunch & Learn

Pine Creek Community Center  
Noon

### P.A.T.H.

Pine Creek Community Center  
12:30 to 3 p.m.

### Southern Shishibé

Pine Creek Community Center  
5 to 7 p.m.

## Thursday, Sept. 24

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

### Northern TYP

311 State St.  
5 to 8 p.m.

### Cardio Drumming

Pine Creek Community Center  
5:30 to 6:30 p.m.

## Friday, Sept. 25

### All Offices Closed

## Monday, Sept. 28

### Northern TYP

Jijak Foundation, Gun Lake  
5 to 8:30 p.m.

### Southern Elders Arts & Crafts

Pine Creek Community Center  
3 to 7 p.m.

## Tuesday, Sept. 29

### Talking Circles

Pine Creek Health Department  
12:30 to 2 p.m.

### Southern TYP

Pine Creek Community Center  
5 to 7 p.m.

## Wednesday, Sept. 30

### Lunch & Learn

Pine Creek Community Center  
Noon

### P.A.T.H.

Pine Creek Community Center  
12:30 to 3 p.m.

# MNOMNEKÉ GIZES, 2015

**NUMA GISHEK**  
*Sunday*

**NGOT GISHEK**  
*Monday*

**NISH GISHEK**  
*Tuesday*

30

31

1

Southern Elders Computer Class | Noon  
Talking Circles | 12:30 to 2 p.m.  
Southern TYP | 5 to 7 p.m.

6

7

LABOR DAY  
Offices Closed

8

Southern Talking Circles | 12:30 p.m.  
Southern TYP | 5 to 7 p.m.

13

Hunter's Safety Course | 9 a.m. to 5 p.m.

14

Northern TYP | 5 to 8:30 p.m.  
Southern Elders Arts & Crafts | 3 to 7 p.m.  
**COMMITTEE MEETINGS**  
Election Board | 2 p.m.

15

Southern Elders Computer Class | Noon  
Talking Circles | 12:30 to 2 p.m.  
Southern TYP | 5 to 7 p.m.

new  
moon

20

21

Northern TYP | 5 to 8:30 p.m.  
Southern Elders Arts & Crafts | 3 to 7 p.m.  
**COMMITTEE MEETINGS**  
Housing | 11:30 a.m.  
Culture | 3 p.m.

22

Elders Detroit Field Trip | 10 a.m. to 7 p.m.  
Southern Elders Computer Class | Noon  
Southern Talking Circles | 12:30 to 2 p.m.  
Southern TYP | 5 to 7 p.m.

Autumn Equinox

27

28

Northern TYP | 5 to 8:30 p.m.  
Southern Elders Arts & Crafts | 3 to 7 p.m.

29

Southern Talking Circles | 12:30 to 2 p.m.  
Southern TYP | 5 to 7 p.m.

full  
moon

SEPTEMBER:15 {No.9}

45



# WILD RICING MOON | SEPTEMBER

Wild rice (mnomen - meaning the "Good Seed") grows along our waterways near the Pine Creek Reservation and is harvested in September.

Full Moon: September 27 at 2:37 p.m. | New Moon: September 13 at 10:54 a.m.

## APTE GISHEK Wednesday

2

Southern Lunch & Learn | Noon

9

Southern Lunch & Learn | Noon  
Southern P.A.T.H. | 12:30 to 3 p.m.  
**COMMITTEE MEETINGS**  
Education | 10 a.m.  
Enrollment | Noon  
Journey to Wellness | 1 p.m.  
TEAC | 3 p.m.  
Cemetery & Parks | 5 p.m.  
Veterans | 5 p.m.

16

Southern Lunch & Learn | Noon  
Southern P.A.T.H. | 12:30 to 3 p.m.

23

Southern Lunch & Learn | Noon  
Southern P.A.T.H. | 12:30 to 3 p.m.  
Southern Shishibé | 5 to 7 p.m.

30

Southern Lunch & Learn | Noon  
Southern P.A.T.H. | 12:30 to 3 p.m.

## NYEW GISHEK Thursday

3

Southern TYP | 5 to 7 p.m.  
Northern TYP | 5 to 8 p.m.  
Cardio Drumming | 5:30 to 6:30 p.m.

10

Southern TYP | 5 to 7 p.m.  
Northern TYP | 5 to 8 p.m.  
Cardio Drumming | 5:30 to 6:30 p.m.  
**COMMITTEE MEETINGS**  
Elders | 10 a.m.

17

Southern TYP | 5 to 7 p.m.  
Northern TYP | 5 to 8 p.m.  
Northern Shishibé | 5 to 7 p.m.  
Cardio Drumming | 5:30 to 6:30 p.m.

24

Southern TYP | 5 to 7 p.m.  
Northern TYP | 5 to 8 p.m.  
Cardio Drumming | 5:30 to 6:30 p.m.

1

## NYANO GISHEK Friday

4

Matter of Balance | 10 a.m. to Noon  
Northern Community Lunch | Noon  
Nesea | 1 to 3 p.m.

11

Matter of Balance | 10 a.m. to Noon  
Northern Community Lunch | Noon  
Wild Rice Camp | 11 a.m. to 5 p.m.

18

Matter of Balance | 10 a.m. to Noon  
Northern Community Lunch | Noon

25

MICHIGAN INDIAN DAY  
Offices Closed

2

## ODANKÉ GISHEK Saturday

5

12

Hunter's Safety Course | 9 a.m. to 5 p.m.  
Wild Rice Camp | 11 a.m. to 5 p.m.

19

UNITY Meeting | 1 to 4 p.m.

26

3